

Are you seeking nourishment for
your spiritual life?

Join the Manitou Intentional Learning
Community for an evening with

John Buttars

to explore

Spiritual Practice:

Beginning with the Body

Wednesday, February 3rd 2010

St. Andrew's Place, 4th floor, 111

Larch Street, Sudbury

7p.m. to 9p.m.

John Buttars retired in 2006 from the ministerial staff at Harcourt Memorial United Church in Guelph after completing a thirty year ministry there.

Trained as a spiritual director in the Ignatian tradition, John developed a ministry that sought to combine wide community involvement and intentional personal and communal spiritual practices. He is also deeply involved in Chalmers Community Services, a United Church non-profit corporation committed to serving the poor and marginalized.

The workshop will examine the practices of body, mind and spirit that fit into the Being part of our lives, in contrast to the Doing which he feels so often gets most of the emphasis in United Church culture. He invites us to bring a sense of play and curiosity!

There are no fees for this event and light refreshments will be provided.

For more information email info@manitoulearningcommunity.ca

or phone Gillian Schell 671 0185